www.visionfirsteyecenter.com

VisionFirst
EYE CENTER

Sarah Cleghern, OD, FAAO
Externship Preceptor
Our Mission

• To provide excellent comprehensive/primary eye care services to the Birmingham Metro area

• To provide exceptional cataract and refractive surgical services to patients referred from doctors throughout the Southeastern United States

• To continually update and refine our diagnostic and surgical services to remain one of the most technologically advanced private practices in Alabama
Locations: Lakeshore

(4 exam lanes, laser suite)
Locations: Pell City
(8 exam lanes)
Surgery Locations

- Shelby Baptist Medical Center (Alabaster)
- Lakeshore Laser (Birmingham)
- Outpatient Care Center/OPCC (Birmingham)
- St Vincent's St. Clair (Pell City)
- St. Vincent's East/OSE (Trussville)
Mark Bearman, MD
• Fellowship trained in Oculoplastics
• Residency at Ochsner Medical Center
• Graduate of UAB School of Medicine
• Prolific cataract surgeon
• Served as Clinical Investigator for multiple research companies

Mark McClintock, OD
• Residency at Tuscaloosa VA
• Graduate of UAB School of Optometry
• On staff at Bascom Palmer Eye Institute after residency
• Former team OD of the Montreal Expos
• Comprehensive optometry/ocular disease
• Surgical co-management
Carolyn Hebson, MD

- Fellowship trained in Cornea/Anterior Segment at Cullen Eye Institute
- Completed residency at Emory University
- Graduate of UAB School of Medicine
- Refractive, cataract, cornea surgery
- Management of complex ocular surface and corneal diseases
- Published clinical research
Toy Holland, OD
• Over 20 years of experience
• Graduate of UAB School of Optometry
• Undergraduate degrees in microbiology and chemistry
• Comprehensive optometry
• Surgical co-management

Rebecca Doss, OD
• Special interest in Pediatrics (completed advanced training at UAB)
• Graduate of UAB School of Optometry
• Scleral and RGP lens fitting
• Comprehensive optometry
• Surgical co-management
Sarah Cleghern, OD
- Residency in Ocular Disease
- Graduate of UAB School of Optometry
- Fellow of the American Academy of Optometry
- Scleral and RGP lens fitting
- Comprehensive optometry
- Surgical co-management

Andrew Ho, OD
- Residency in Ocular Disease with Indian Health Services (IHS)
- Graduate of UAB School of Optometry
- Comprehensive optometry
- Surgical co-management
COA and COT technicians

Certified laser technicians at Lakeshore Laser

ABOC opticians

Certified ophthalmic coders
Clinical Services

- Comprehensive eye care
  - Routine eye exams, including refraction and eyeglass prescriptions
  - Diabetic eye exams
  - Glaucoma management
  - Dry eye/ocular surface disease management
  - Management of other eye diseases, such as keratoconus, uveitis, ONH edema, HTN retinopathy, etc.
  - Contact lens evaluations, including scleral and RGP fits
  - Treatment of eye injuries, such as corneal foreign body, chemical burns, etc.
  - Cataract management
  - Refractive surgery management
Diagnostic Services

- Clarus Ultra Widefield Fundus Camera
- Humphrey Visual Field
- Cirrus OCT
- Corneal Topographer
Diagnostic Services

Pentacam Anterior Segment Analyzer

A-Scan Ultrasound Biometry

IOL Master & Lenstar Optical Biometry

Anterior Segment Camera
Optical

ABOC opticians
Surgical Services

Cataract Surgery
- Monovision Lenses
- Toric IOLs
- Multifocal IOLs
- Trifocal IOLs

Refractive Surgery
- LASIK
- PRK
- Clear Lens Exchange
- Visian ICL

Laser Surgery
- YAG Capsulotomy
- Laser Photocoagulation
- Selective Laser Trabeculoplasty (SLT)
- Peripheral Iridotomy (PI/LPI)

Oculoplastic Surgery
- Blepharoplasty
- Ptosis Correction
- Entropian / Ectropian Repair
- Cancerous Lesions Excision
- Chalazion Incision and Curettage
iDesign iLASIK™ Wavefront Technology

- Individualized WaveScan 3D corneal map
- >1,200 data points used to create personalized treatment
- Blade free IntraLase flap creation
- CustomVue™ treatment procedure with the VISX excimer laser provides new levels of precision and accuracy, reducing halos and glare
Expectations

• Will rotate through all 4 locations and observe cataract surgery and LASIK. Largest amount of time spent at Pell City location. Can request specific doctors/clinics more often if you have a special interest.

• Perform entire exam and develop an assessment and plan. Work on improving speed of exams. When not seeing patients, shadow any of our doctors/ask questions.

• Let us know what you would like to work on and we will help you. We want to expand your clinical skills, knowledge, and confidence.

• Will need to learn iMedicWare EMR and use appropriately.

• Dress professionally or in dark solid color scrubs. Wear scrubs on surgery days.

• By the end of your rotation, you will be much more confident in your diagnostic skills, post-op care, in office procedures, prescribing medications, and knowledge of surgical procedures.
Questions?

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cell: 205-238-0653